

2015-16

August

- Procedures
- Letters, Numbers
- Warm-up

September

- **FITNESSGRAM** (3-5)
- **Locomotors** (K-2)
- **Personal Space and Body Awareness** (K-2)

October

- **Polar HRM's** (4-5), **Pedometers** (2-3)
- **Gymnastics/ Ninja Warrior**
- **Heart rate**
- **Movement Concepts**

November

- **Throwing & Catching/ Soggi, Bench ball, King Pin**

December

- **Wii: Just Dance**
- **Strength******

January

- **Manipulative/ Cup Stacking**
- **Personal Space and Body Awareness**
- **Scoters**

February

- **Manipulative/ Hockey**
- **Team games**

March

- **Throwing & Catching/ Bowling**

April

- **Movement Concepts**
- **FITNESSGRAM** (3-5)
- **Locomotors** (K-2)
- **Parachute** (k-2)
- **Track and Field**

May

- **Kicking/ Footballs**
- **Golf/ Irons and Drivers**

2016-17

August

- Procedures
- Letters, Numbers
- Warm-up
- **Polar HRM's** (4-5), **Pedometers** (2-5)

September

- **FITNESSGRAM** (3-5)
- **Locomotors** (K-2)
- **Personal Space and Body Awareness** (K-2)

October

- **Gymnastics/ Ninja Warrior**
- **Heart rate**
- **Movement Concepts**

November

- **Throwing & Catching/ Basketball**

December

- **Wii: Just Dance**
- **Strength**

January

- **Start Pedometers** (k-1)
- **Manipulative/ Jump Rope/ Hula Hoop** (K-1)
- **Personal Space and Body Awareness**
- **Scoters**

February

- **Kicking/ Soccer**
- **Team games**

March

- **Movement Concepts**
- **FITNESSGRAM** (3-5)
- **Locomotors** (K-2)
- **Parachute** (k-2)

April

- **Manipulative/ Batting**
- **Throwing & Catching/ Baseball**

May

- **Manipulative/ Tennis**
- **Golf/ Mini Golf**

2017-18

August

- Procedures
- Letters, Numbers
- Warm-up
- **Polar HRM's** (4-5), **Pedometers** (2-5)

September

- **FITNESSGRAM** (3-5)
- **Locomotors** (K-2)
- **Personal Space and Body Awareness** (K-2)

October

- **Gymnastics/ Ninja Warrior**
- **Heart rate**
- **Movement Concepts**

November

- **Throwing & Catching/ Football**

December

- **Manipulative/ Juggling & Stilts**
- **Wii: Just Dance**

January

- **Start Pedometers** (k-1)
- **Manipulative/ Flag Belts**
- **Personal Space and Body Awareness**
- **Scoters**

February

- **Manipulative/ Badminton**
- **Team games**

March

- **Movement Concepts**
- **FITNESSGRAM** (3-5)
- **Locomotors** (K-2)
- **Parachute** (k-2)

April

- **Throwing & Catching/ ****Something Else**

May

- **Kicking/ Kickball**
- **Golf/ Frisbee Golf**